

Word mat

adult	fruit and vegetables
aerobic exercise	germ
air	growth
balancing exercise	healthy
balanced diet	heart
birth	human
bone	hydrate
carbohydrates	hygiene
coordination	juvenile
dairy and alternatives	life cycle
embryo	love
energy	lungs
exercise	mammal
fat	muscle
food	nutrient
food group	nutrition



offspring	stretching exercise
oils and spreads	sugar
omnivore	survive
proteins	sweat
reproduction	vegan diet
sense	vegetarian diet
shelter	vitamin
space	water
strengthening exercise	

