

Project glossary

beef

Meat from a cow.

chop

To cut into small pieces with a knife.

design criteria

The goals that a project must achieve to be successful.

edible

Suitable or safe to eat.

equipment

The set of tools needed for a particular purpose.

grate

To shred using a grater.

ingredients

The foods that are necessary to prepare a specific dish.

lamb

Meat from young sheep.

mash

To crush and soften with a masher.

mixed diet

Eating food from plant sources and animal sources, including meat.

mutton

Meat from sheep at least one year old.



peel

To remove the skin using a peeler.

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pork

Meat from pigs.

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preserves

Sweet foods made with fruit preserved in sugar, such as jam or marmalade.

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pulses

The edible seeds of some plants, such as peas, beans and lentils.

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recipe

A set of instructions for preparing and cooking a dish.

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slice

To cut into thin, flat pieces with a knife.

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vegan diet

Eating only foods from plant sources.

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vegetarian diet

Eating food from plant sources and foods produced by animals, but not the meat of animals themselves.

