Physical Education and Sport at Gamesley Primary School



Vision

At Gamesley Primary School, we strive to create a culture which inspires an active generation of pupils to enjoy PE, lead healthy lives and encourage each other to achieve. We provide a safe and positive environment for children to flourish in a range of different physical activities to support their physical, emotional, spiritual, social and moral development. We offer a dynamic, diverse and inclusive P.E curriculum (P.E Passport) to ensure that all children progress both physically and mentally, with a developing understanding of the importance of nutrition. We have recently introduced a comprehensive assessment scheme which enables us to identify how my children are working at an expected level of progress, whilst also identifying gaps in skills and knowledge.

At Gamesley Primary School we have a close partnership with the High Peak School and Sport Partnership, allowing us to partake in a range of local competitions and events. We also access events via the Manchester City In The Community team to ensure children experience professional sporting environments in order to develop their cultural capital.

P.E and Sport is valued in our school and taught with enthusiasm. Our vision is for all our children to enjoy their PE lessons and to understand that exercise and sport support both their physical and their mental well-being. We also want students to leave our school excited and enthusiastic about PE and Sport.

Intent



PE and sport is valued in our school and is taught with enthusiasm by both class teachers and a full time qualified sports coach, who also works as a learning mentor and attendance officer throughout school. Our coach also leads sporting activities each lunchtime and runs after school sports clubs after each school day. Our children can join our sports teams and take part in a range of competitions and tournaments throughout the school year. Some children who may struggle with the more academic aspects of school life can shine in sporting activities. For others sport, dance, swimming or other forms of physical activity can become a life-long interest, hobby or even the basis of a career. For many, sport and exercise can support good mental health and well-being. Our intent is for all our children to enjoy their PE lessons and to understand that exercise and sport support both their physical and their mental wellbeing. We also want students to leave our school excited and enthusiastic about PE and Sport. Our PE curriculum is skills based taught within the context of different sports. We want to increase the children's awareness of different competitive and noncompetitive sports, especially those which they can continue to access in the local area so that our lesson can become a route to life-long interest and enjoyment. This exposure to a wide range of sporting activities and skills also in turn increase the children's cultural capital. We also aim to educate our children about the links between Sports and PE and physical health, mental wellbeing and developing a healthy relationship between ourselves and others.



Implementation



Our PE curriculum has been designed to ensure that all children develop a broad knowledge of a range of sports and attain transferable skills through a skills-based approach, linking d to a range of track and field sports. Although our curriculum is designed around some competitive sport (in the Juniors), it is vital that our children are exposed to sport in this way, as this is their ticket to a future in sport through an increase to their cultural capital by offering them the skills needed to partake in and join local sports clubs outside of school.

Teachers and our school Sports Coach usea team-teach approach to lessons, via the PE Passport plans to teach quality sport lessons through weekly skills based objectives. We develop the children P.E, through questioning and supporting learners linked to lesson vocabulary in order to deepen their physical literacy. This enables children to progress towards a clear goal, each lesson and, throughout each half term. PE is taught once per week to all children across KS1 and KS2. EYFS spend the first two terms embedding the expectations of the Physical Development Prime Area of the EYFS Statutory Framework document. From the Summer Term, they receive one, hour long P.E session per week to develop their fundamental movements and coordination prior to them moving onto the P.E Passport curriculum (fully) in Year 1. Additional activity is supported through outdoor and continuous provision; ensuring their learning environment falls in line with the expectations of the updated EYFS curriculum (2021).

Children in KS1 and KS2 are assessed half-termly and children's assessments are used to inform any gaps in learning. The EYFS Lead tracks the children's progress across the Reception year.

Children in Orchard Class receive 'Sensory Circuits' each morning, these focuses on the skills of alertness and learning behaviours through physical activity. The children also engage with 'Active for 15' each day on the school field.

Strengths & Areas to Develop

Strengths

- Government approved P.E scheme allows Teachers/Sports Coach to embed sports skills effectively, through clear lesson objectives and outcomes.
- Ongoing CPD for teachers through working alongside the Sports Coach each week.
- High quality, sport specific equipment.
- Lunchtimes structured games and sports activities with the P.E coach each day.
- Broad range of after-school clubs across the week.
- The number of local events and competitions attended by sports teams and students has increased hugely this year.
- Links developed with City In The Community and Glossop Primary School P.E Leads.
- Bottom 20% of learners are known by class teacher's and are supported as 'focus children' during P.E lessons.

Areas to Develop

- Development of children's Physical Literacy through a focus on sport-specific vocabulary and questioning throughout P.E lessons.
- Further development of specific interventions for our bottom 20% staffing.
- More resources for Gymnastics are needed.
- Assessments to be recorded on P.E Passport now that it has been approved by the Trust GDPR team.
- More opportunities for staff and children to share their views on P.E through Bounce/Google surveys.
- Long term: The introduction of short, weekly interventions for 'bronze' and 'silver' learners.

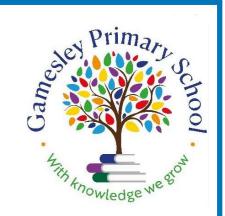


Weekly P.E Lessons 22/23

	Monday	Tuesday	Wednesday	Thursday	Friday
1pm – 2pm	Year 2	Year 6		Year 4	
2pm – 3pm	Year 3	Year 6	Year 1	Year 5	Sports Coach - Lesson Preparation for the following week. - Upcoming L.O's emailed to class teachers.



PE Curriculum | P.E Passport – Key Stage 1 (Reception from Summer Term)



	Autumn 1	Autumn 2	Spring 3	Spring 4	Summer 5	Summer 6
Reception					Striking & Fielding Game Skills 1	Athletics 1
Year One	Net & Wall Game Skills 1	Target Games 2	Gymnastics - Balancing & spinning on Points & Patches	Invasion Game Skills 2	Striking & Fielding Game Skills 1	Athletics 2
		Gymnastics - Wide, narrow & curled rolling & balancing	Dance - Animals			
Year Two	Net & Wall Game Skills 2	Target Games 3	Gymnastics - Stretching, curling & arching	Invasion Game Skills 2	Striking & Field Game Skills 2	Athletics 2
	Fundamental Movement Skills 2		Dance - Under the Sea			

PE Curriculum | P.E Passport – Key Stage 2



	Autumn 1	Autumn 2	Spring 3	Spring 4	Summer 5	Summer 6
Year Three	Football	Netball	Gymnastics - Symmetry & asymmetry (partners)	Tag Rugby	Rounders	Athletics
			Dance - Dance Around the World		Cricket	
Year Four	Football	Netball	Gymnastics - Rolling & travelling low	Tag Rugby	Rounders	Athletics
			Gymnastics - Arching and bridges		Cricket	
Year Five	Football	Netball	Gymnastics - Partner work - under and over	Tag Rugby	Rounders	Athletics
	Football	Netball	Gymnastics - Matching, mirroring & contrast		Cricket	
Year Six	Football	Netball	Gymnastics - Counter- balance & counter tension	Tag Rugby	Rounders	Athletics
	Football	Netball	Gymnastics - Flight		Cricket	

P.E Passport | Development of Skills

We are aware that within the P.E Passport scheme, a number of skills are repeated in Year 3 and Year 4, and in Year 5 and Year 6 within some sports. We believe this is a vital part of the P.E curriculum at Gamesley Primary School in order for children to recap and refine skills, once they have been introduced to them in the previous school year. Many of our children have extremely low starting points when it comes to physical activity. Once our EYFS Lead has embedded basic skills in the Reception Year, it is important that we continue to build and develop this knowledge throughout school in order to provide children with the chance to embed P.E based skills within school. For this reason, repetition is a key aspect to ensuring our learners meet the four aims of the National Curriculum by the time they leave Key Stage 2 education and move into Secondary Education. This also falls in line with the National Curriculum expectation that a Physical Education curriculum should 'provide opportunities for pupils to becon physically confident'.

Changes to the National Curriculum



In line with the commitments outlined in the School Sport and Activity Action Plan (2019) it is vital that our P.E Curriculum provides a 'positive experience of sport and physical activity at a young age.' For that reason, we ensure that our students are able to make links between physical exercise and good mental health. Subsequently, we ensure that mental health and well-being run adjacent to our physical/sport curriculum as equally important approaches to leading a healthy, happy life. Nutrition and a balanced diet are initially taught in the Reception Year through a focus on fruits, vegetables and healthy foods in learning projects such as 'Ready Steady, Grow'. This learning is then further embedded through the PSHE topic 'Healthy Me' which runs for a half-term in each school year (Y1-6) through the Jigsaw scheme. Clear links are made for the children via our large 'Smilers' display which, forms part of our school P.E display. Our Health Champions (see p.14) ensure that mental health and well-being maintain a high profile within our school life through regular training sessions and opportunities to feed back to their peers during school assemblies. Our P.E subject manager is also a member of the Association for Physical Education to ensure regular access to up-to-date training and information relating to both physical and mental health.

Assessment and Supporting Learning

Primary School

<u>Assessment</u>

The children are assessed half termly using the P.E Passport 'Unit Assessment' system. However, class teachers take iPads into P.E lessons where possible, in order to update these assessments 'in the moment'. The assessment system uses a Bronze, Silver and Gold approach. Bronze, equates to a child who has not met the expectation i.e. is unable to perform a specific skill or who has shown large gaps in their control, ability or understanding of a skill. Silver equates to a child who has understood the skill, but is developing control and ability ('on the cusp'). Gold equates to a child who has met the expected standard' by successfully reaching today's learning objective.

Bottom 20% and Pupil Premium

Supporting our lowest attaining learners is a priority in all areas of the curriculum at Gamesley Primary School; this does not differ in Physical Education. Often, our LA learners are paired with a HA learners during P.E lessons. This is a two pronged approach as it allows LA learners to attain support from another child, whilst simultaneously allowing our HA learners to develop and further their own knowledge and leadership skills by teaching a learnt skill to someone else. Within P.E lessons, our 'bottom 20%' learners are identified as focus children. Teachers are aware of their focus children and will offer targeted questioning and support to these children throughout the lesson, relating to the lesson objective. Teachers will also offer this same support and questioning to Pupil Premium children where required (it is important that we do not instantly assume our PP children are low ability, with regards to P.E, often we find that some of these students shine in P.E lessons). PP students are also targeted to attend sports based after school clubs; we do this to broaden their horizons and allow them more opportunities to become part of school teams and thus, local events and competitions, enhancing their cultural capital.

Enrichment – After School Clubs



As part of our endeavour and commitment to raising the profile of Physical Education and sport at Gamesley Primary School, we offer a range of free after school clubs, each week night for our students to access. Many of these clubs are linked to competitive sport, as for our students this can often be their 'way in' to a leading a 'healthy, active life' through local clubs and further opportunities. Thus, our aim for clubs is to provide an increased cultural capital for learners through meaningfully choosing sports linked to teams and clubs in the local area. Our current after school clubs (Sept 2022 onwards) are as follows:

	Monday	Tuesday	Wednesday	Thursday	Friday
3.15 – 4pm	Football Team Training (Sports Coach and Football Coach)	Netball Club	Multi Sports (Juniors)	Multi Sports (Infants)	Football Club (Non Competitive)
3.15 – 4pm	Gymnastics/ Cheerleading	(Clubs linking to other subjects)			

Physical Education | Raising the profile

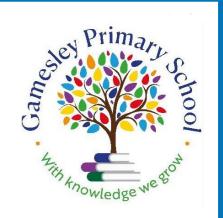
At Gamesley Primary School, we endeavour to raise the profile of Physical Education through a range of approaches. We ensure to celebrate the success of students through awarding a weekly, class Sports Star for children who have excelled in a particular skill or sport. We broaden opportunities within sport through regular attendance at local competitions and festivals organised by the High Peak School & Sport Partnership. These attendances are highlighted via social media posts on our school Facebook and Twitter pages; students in attendance to these events are further praised during our weekly whole school assembly led by the Head Teacher.

Alongside our broad range of after school clubs, we also offer lunchtime clubs and games, organised and ran by our School Sports Coach. This allows time for children to partake in both competitive and non competitive sport in a safe space, led and managed by a skilled member of staff.

Able children are identified via our developing 'More Able Register', these children are targeted for opportunities to extend their skills and partake in competitive school teams and local events. These children are also targeted to become involved with our City In The Community competitions, which offer children a taste of a professional sporting career through attending the Manchester City Training Academy for these events and meeting older students from the academy.

Our large, school P.E display is located in the 'small hall', a central and busy area at school. The display outlines upcoming competitions, identifies and celebrates recent achievements and our student 'Health Champions' and clearly outlines the importance of linking a balanced, nutritious diet and maintaining good mental health, to leading a healthy, active and happy life.

Health Champions



We have four, fabulous 'Health Champions' at school. These Year 5 children were chosen not just for an excellent attitude towards classroom learning, but for their interest and commitment towards the wider theme of mental and physical health in our school. Our Health Champions attend termly training sessions arranged by the High Peak School and Sport Partnership, which allows them to meet and make links with children from other, local Primary schools. The children learn methods and activities to support mental health and well-being, how to sleep well, how to relax and also (linking to e-safety) safe and secure apps and games linking to the above themes. Once the children have attended their training sessions, they feed this information back to school through standing up and sharing their learning during whole school assemblies.

Please see our school P.E board to 'meet the team' .

Swimming

(Please see school website for swimming data.)

Year 4 pupils attend weekly swimming lessons with the objective that they learn to swim competently, confidently and proficiently over a distance of at least 25 metres, using a range of strokes. Any pupils that do not achieve this standard by the end of Year 4 will be targeted for additional swimming courses beyond the core teaching timetable. The P.E Lead has contacted the local authority and swimming pool regarding catch up sessions from missed lessons during the pandemic. The pool are currently unable to offer extra slots for schools at this current time. The P.E. Lead and Head Teacher are currently discussing ways to possibly overcome this in school year 22/23.

Personal CPD | Staff Training Opportunities

Training	Dates
P.E Lead: Termly meetings with all other Trust P.E Leads.	Autumn 1 (2022), Spring 3 (2023), Summer 5 (2023)
Teachers: Increased knowledge of sport specific skills through weekly joint teaching with our school Sports Coach.	Dec 2021 onwards
P.E Lead: AFPE Webinar – Surviving an Ofsted Deep Dive AFPE Webinar – Surviving an Ofsted Deep Dive	Nov 2021 Feb 2023
P.E Lead/Teachers Monitoring Timetable 2022-23	(Please see Monitoring Doc for more info)
Teachers: Update from P.E Lead regarding questioning during P.E lessons, with a focus on Physical Literacy and ensuring the L.O is displayed where possible in P.E/Dance lessons.	Jan 2023
P.E Passport Development Session Gamesley, Holden Clough and Inspire	Feb 2023



Coaching and Monitoring



		Observation (team teach) PE Timetable 2022 - 2023					
	Term	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
	Year group	Year 2 – both classes	Year 1 – both classes	Year 5 – both classes	Year 3 – team teach with the coach	Reception – 2 groups	Year 6 - both classes
	Evidence of monitoring						
	Coach	Coach to be observed once per half term by lead to ensure high standards and one per term by Manchester United					

Cultural Capital | Social Media – Raising The Profile



Play Leaders



Team Building



A physical and active curriculum from the word go!



Fun, active school trips

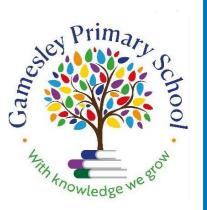


Professional experiences and events





Student Voice



Our most recent round of P.E Student Interviews took place with the P.E Lead in Feb 2023. Three children from each class were randomly selected to discuss their thoughts, feelings and expectations about P.E lessons at Gamesley Primary School. Overall, the children fed back that:

- Children enjoy P.E lessons at Gamesley Primary School.
- Children in the Juniors were able to explain why we do P.E. To 'stay active' and 'to get stronger muscles because if you eat healthy foods you don't get fat'.
- Children feel safe in P.E lessons. They feel they can practise skills without judgement.
- P.E helps them outside of school because they 'know how to use their arms to run faster and you can use your arm to aim a Netball and stuff'.
- Some children fed back that they like to play Sports focussed on within school, when they are playing with their friends outside of school.